

## Equity Policy Statement

Bath Judo Club is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity:

**Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.**

- Bath Judo Club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- Bath Judo Club is committed to everyone having the right to enjoy their Judo in an environment free from threat of intimidation, harassment and abuse.
- All Bath Judo Club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- Bath Judo Club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.

## Parent/Carer Agreement

**As the parent/guardian of a child who is a member of Bath Judo Club, I agree to:**

1. Encourage my child to learn the rules and play within them.
2. Discourage unfair play and arguing with officials.
3. Help my child to recognise good performance, not just results.
4. Never force my child to take part in Judo.
5. Set a good example by recognising fair play and applauding the good performances of all.
6. Never punish or belittle a child for losing or making mistakes.
7. Publicly accept officials' judgements.
8. Support my child's involvement and help them to enjoy their Judo.
9. Use correct and proper language at all times.
10. Oppose discriminatory behaviour and promote equality of opportunity.
11. Provide current emergency contact and medical information for my child before leaving them in the club's charge.
12. Ensure that my child arrives on time, is appropriately dressed (with all jewellery removed), and is clean and physically fit to train.
13. Ensure that my child understands the club's rules.
14. Support the club's coaches in their endeavours to train the children.

Whilst the club seeks to provide a safe environment within which to practice Judo, I understand that Judo is a contact sport and accept that accidents can happen. I understand that the club has a qualified first-aider at all its training sessions and that if for any reason medical attention is required, the coaches will ensure that nobody undertakes first aid treatment for which they are not qualified and that they will seek more qualified attention where they cannot confidently deal with the problem.

## Health and Safety

All club members and visitors should follow the guidelines below at all times:

### **Safety on the Mat.**

- Never wear shoes on the mat.
- Come to the training session washed with a clean Gi.
- Watch your space on the mat and if thrown get up quickly to avoid someone falling on you.
- When seated, kneel or sit cross legged. Do not lean on the wall – you may not be able to get out of the way quickly enough.

### **Safety off the Mat**

- Wear shoes at all times when off the mat
- Always ask permission to leave the mat
- After using the toilet, wash your hands

### **Accidents/Incidents**

- Do not come to play Judo if you are not fit enough to train
- If you come to a training session with an injury, inform the coach at the start of the session.
- Do the exercises as shown; do what you can and do it well but not to the point of straining.
- If you are hurt, inform the Coach immediately.
- Keep your medical form up to date.