

## **HEALTH AND SAFETY POLICY**

### **HEALTH AND SAFETY POLICY STATEMENT:**

Bath Judo Club is strongly committed to encouraging our members to train hard and compete, but the health, well being and safety of each individual is always of paramount concern. We recommend levels of training dependent on age and ability, and expect our athletes not to exceed these levels.

### **HEALTH AND SAFETY POLICY:**

To support our health and safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the clubs.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependent on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club or society activity or whilst on the club or society premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

### **AS A CLUB MEMBER YOU HAVE A DUTY TO:**

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or do not do.
- Co-operate with the society on health and safety issues.
- Correctly use all equipment provided by the society or club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

**SOCIETY OR CLUB HEALTH & SAFETY OFFICER:** Peter Thatcher

**LOCATION OF FIRST AID FACILITIES:** Main Dojo at the foot of the stairs.

**LOCATION OF TELEPHONES:** Coaches to mobiles at all sessions.

**QUALIFIED FIRST AIDERS:** Liz Bradley, Margaret Thatcher, Andy Knapp, Ivor Hawtin & Peter Thatcher

## **HEALTH AND SAFETY.**

Health and safety must be a priority for all clubs in the British Judo Society. The legal obligations for health and safety for volunteers is not very clear when compared with employees, however clubs still have a legal obligation towards health and safety.

The club should demonstrate its commitment to the protection of its volunteers and members against the risk of harm or injury by working to the Society's Health and Safety policy.

### **DUTY OF CARE:**

The duty of care is a general legal duty on all individuals, clubs and governing bodies to avoid carelessly causing injury to persons. The system has developed over many years and it is relevant to all, regardless of the size of the organization, its income or whether you have paid staff or not.

A duty of care can arise in many ways, some of which may not always be obvious, such as:

- Loaning equipment to others.
- Fundraising walks, events and sponsored runs.
- Hosting tournaments and competitions.
- Organising day trips.
- Selling food at events.

For more information on your duty to care contact Sport England, Volunteer Programme on the VIP Hotline 0800 363373.

### **THE HEALTH AND SAFETY EXECUTIVE. ( HSE )**

ANY CLUB EMPLOYING STAFF MUST REGISTER WITH THE HSE. Clubs with volunteers only, do not normally have to register their activities unless they are classed as dangerous activities.

Sporting activities recognized as dangerous ie diving, sailing, horse riding, fire works displays are subject to health and safety regulations. The HSE often works with the National Governing Bodies of sport to develop guidance on the approach to risks, however self regulation also plays an important role in the majority of sports.

Clubs that own their own premises or buildings must register with the local Fire Authority.

Clubs that prepare, store, supply or sell food on five or more days in any five week period must register with the local Environment Health Department.

The HSE have not published any information specific to sport clubs, however in conjunction with the Charities Safety Group, they have published a guidance book

‘Charity and Voluntary Workers, a guide to health and safety at work’, this publication states:

In general, the same health and safety standards should be applied to voluntary workers as they would to employees exposed to the same risks. However, if the risk assessment shows that the risks to voluntary workers are different, the preventative and protective measures taken should reflect the different risks.

HSE considers it good practice for volunteers to provide the same level of health and safety protection as they would in an employer / employee relationship, irrespective of whether there are strict legal duties.

This publication also gives general guidance with regards to how health and safety legislation applies to voluntary workers, and is available from HSE books. ( Health and Safety Executive, Information Centre, Broad Lane, Sheffield. S3 7QH )